



**Resource Centre for the Arts
Visual Guide / Social Story**

For

Supper Club by Willow Kean

Showing at the
LSPU Hall Main Stage

October 27th at 8pm

October 28th at 8pm (Live Streamed and Live Described)

October 29th at 2pm (Relaxed Performance)

Supper Club is a comedy that explores the complicated relationships between women through food. A doctor in the midst of an existential crisis, a fish out of water Cuban artist, a wine-guzzling anthropologist, a sort-of vegan, and an exhausted suburban hockey mom gather together to host dinner parties in their respective homes. Over the course of five meals on five different evenings, the relationships become fraught when secret resentments and alliances are gradually revealed, leaving the women to question how they all ended up eating at the same table in the first place.



Inside the Building

The box office is right inside the door of the building. There is a small foyer that may be busy before the show. We also have the Cox & Palmer Second Space downstairs with a place to buy a drink and have a seat. This is also the place to come and relax if you need some quiet time during the show.

Our main theatre is upstairs at the LSPU Hall. If you don't want to take the stairs, we also have a lift (elevator) that can take you up to your seat. If you would like to take the lift (elevator) upstairs, please let the Box Office know when you arrive, and we can have an usher take you up. The lift (elevator) is slow moving and it only takes a few moments to get to the theatre.

There will be ushers throughout the lobby who can answer your questions and give you directions. An usher will tear your ticket as you enter the lobby and give you a program which will tell you more about the actors and information about the play.

The theatre doors will open about 30 minutes before the show begins. If you arrive earlier, there are some seats where you can wait in the Cox & Palmer Second Space until the doors open.





Let us introduce you to
the Cast & the Crew of

SUPPER CLUB



Willow Kean – Playwright, Actor [Meadow]

Willow Kean is an actor and writer from Labrador West who now resides in St. John's. She holds a BFA in theatre from Sir Wilfred Grenfell College and has spent twenty years working for several theatre companies across the province. Recent credits include Clara in *The Colony of Unrequited Dreams* (Artistic Fraud), Anne in *The Father* (Mindless Theatrics/30 for 60) and Meadow in *Supper Club* (RCAT). Willow won the 2018 Percy Janes First Novel Award and was the recipient of the 2016 Rhonda Payne Theatre Award. Her first novel, *Eyes in Front When Running*, was recently published by Breakwater Books. Willow gets angry, cooks, and writes about it at thelittleredchicken.com.

[Image Description: A headshot of Willow, a white woman in her 40's with shoulder length blonde hair and blue eyes. She is wearing a plaid shirt and sitting on her back-step in front of a tree.]





Nicole Rousseau - Director

Nicole Rousseau is a Theatre Director and Creator from St. John's NL. She holds a BFA from Memorial University of NL (Grenfell Campus) and an MA in Dramaturgical Theory from the University of Ottawa. Previous directing credits include *Rig*, *Supper Club* (Premiere), *Seal Slippers*, *Men of Misfortune*, *Tangly*, *The Ogre's Purse*; *Krapp's Last Tape* (Indie); *Centurions* (workshop) and *Art (c2c)*; *MacBeth*, *Julius Caesar*, *A Midsummer Night's Dream* and *Troilus and Cressida* (SBTS); *Jewel* (GMTF) and artistic collaborations with The Ora Ensemble (*m'habiller encore*, *Rites*). She is the current Artistic Animateur for RCA Theatre Company and a past recipient of the Rhonda Payne Award from Arts NL.

[Image Description: Nicole, a white woman with thick wavy black hair and dark brown eyes is standing in front of a wooden fence with red dogberries on branches surrounding her. She is wearing hoop earrings, a blue jean jacket, and a black top.]





Kaitlyn Hickey – Lighting Design/Set Director

Kaitlyn Hickey works with people to tell stories. Recent selected credits include Producer, Co-Production Design and Management: Book of Life (Edinburgh International Festival, Ubumuntu Festival 2023, Spoleto Festival 2023, USA Tour 2023); Set and Lighting Design Sir John A: Acts of a Gentrified Ojibway Rebellion, Regina Globe Theatre. Set & Lighting Design, Wildfire (Factory Theatre), Set & Lighting Design, Miss Caledonia (Regina Globe Theatre); Lighting Design: Controlled Damage (Neptune Theatre); Set Design: Kiinalik: These Sharp Tools (Buddies in Bad Times, Edinburgh International Festival); Production Design: Empire Trilogy: Four Sisters (Paradigm Productions); Lighting Design: The Children's Republic (Belfry Theatre). Upcoming: Set & Lighting Design, Café Daughter, Regina Globe Theatre.

[Image Description: Kaitlyn, a white person with shoulder length brown hair is standing on rocks and facing right, staring at the ocean. She is wearing a blue toque with grey earmuffs and a navy hooded coat.]





Brian Kenny - Sound Designer and Technical Director

Brian is a designer for theatre and performance from Mount Pearl and is a graduate from The National Theatre School of Canada, and Sheridan College. Recent selected credits include: *Everybody Just C@lm The F#ck Down*, *Between Breaths* [Artistic Fraud of Newfoundland], *Dear Rita* [The Charlottetown Festival], *Supper Club*, *The Dialysis Project* [RCA Theatre Company], *Come From Away* in concert [Mirvish Productions], *The Rocky Horror Show*, *Billy Elliott*, [The Stratford Festival], *Tibb's Eve*, *Chapel Arm* [Mindless Theatrics], *Marry Poppins* [The Grand Theatre, London], *Once*, *Mamma Mia* [Theatre St. John's], Brian is a member of the board of directors for RCA, as well as The Associated Designers of Canada.

[Image Description: Brian, a white man with short brown hair and eyes and a beard is staring at the camera, smiling. He is wearing a black shirt, and the background is blurry.]





Alison Helmer – Costume Designer

Alison Helmer is a multidisciplinary artist who has been deeply and continuously influenced by her studies and experience working on the East Coast. Born and raised on the Prairies, she began her theatre education with the Stagecraft program at Grenfell College before completing the Scenography program at the National Theatre School of Canada. She approaches the world of both set and costume design through a lens of fantasy, history, and the tradition of storytelling. She is excited by Theatre that pushes the boundaries between conventional and experimental, and that seeks to fulfill our human search for truth, escape, and shared connection.

[Image Description: Allison, a white woman with long flowing red hair and blue eyes is staring at the camera, straight faced. She is wearing a black long-sleeved shirt, and the background is grey.]





Sara Dorey - Props

Sara Dorey is a theatre and filmmaker based in St John's, NL. She has strong roots in the performing arts and studied Visual Arts at Sir Wilfred Grenfell College. Sara has had opportunities to work in various areas of theatre, film, and television production, finding a deep passion for scenic art and design. She adores her work, her favourite aspect being that each day differs wildly from the next. Notable scenic credits: The Wild Rovers 2023 Tour (Terra Bruce Productions), Son Of A Critch Seasons 1, 2 and 3 (Take The Shot Productions); The Silent Planet (The Silent Planet Productions NL); Kinky Boots, La Cage aux Folles (TaDa! Events); I forgive You (Artistic Fraud of Newfoundland); Astrid & Lilly Save The World Season 1 (Blue Ice Pictures); Supper Club 2021 (RCA Theatre Company); The Mirror (PerSIStence Theatre); The Adventures of Gary & Lou Season 1 (Blue Pinion Films).

[Image Description: A headshot of Sara who is wearing a navy blue, floral-patterned dress and is framed in front of a brown fence covered in lush greenery. Her shoulder-length, auburn curls are tied back from her pale face, revealing gold-rimmed glasses and a smile.]





Crystal Laffoley – Stage Management

Crystal Laffoley is a graduate of the National Theatre School of Canada's Production Design & Technical Arts program. She has been working regularly with RCA Theatre since 2017 on projects including *Don't Give Up On Me Dad*, *Rig*, *Birthday Balloon*, *Supper Club*, *Tangly*, *Seal Slippers*, and *Men of Misfortune*. Other local credits include *Come From Away in Concert* (Marquis Entertainment/Junkyard Dog), *Second Shot* (Best Kind Productions) / *Forgive You*, *Everybody Just C@lm the F#ck Down*, *Between Breaths*, *The Colony of Unrequited Dreams* (Artistic Fraud); *Tibb's Eve*, *Chapel Arm* (Mindless Theatrics); *Almost Baymous* (Halfhandsome), and two seasons with Perchance Theatre. Beyond her work as stage manager, consultant, and arts administrator, Crystal has been a Teaching Artist at NTS for the last nine years, and she is a co-founder of Fireship Theatre, a community-focused theatre company based in New Brunswick.

[Image Description: Crystal, a white woman in her mid- 30's with medium length curly black hair and brown eyes hair is smiling at the camera. She is wearing a black long-sleeved shirt, and the background is grey tile.]





Sarah White - Assistant Stage Management

Sarah is a multi-disciplinary theatre artist based in St John's. She currently works as a technician at the LSPU Hall and is excited to join RCAT on Supper Club! Some past projects include: Stage Manager/Production Manager at TNL's Gros Morne Theatre Festival for both festival and touring productions (2014-2022), Road Manager/Musician for the Allison Crow Band (2016-2019), LX Associate for Best Kind Productions' Second Shot (2023), and Technical Director for Terra Bruce Productions' tour of Let's Dance! (2023). Sarah also spent a semester with MUN/Grenfell's Theatre Program, in 2022 as their Production Stage Manager/Instructor. She hopes you enjoy the show and will continue to support RCAT in the future!

[Image Description: A headshot of Sarah, a white person in her 30's with brown eyes and long brown hair. She wears a teal-coloured snapback hat put on backwards and is smiling while standing in front of a large aquarium.]





Vanessa Cardoso-Whalen – Actor [Veronica]

Vanessa Cardoso Whelan is a playwright, multidisciplinary artist, street performer and clown hailing from Brazil, with a passion for contemporary theatre and body movement awareness, especially related to Flamenco dancing. Graduating in Theatre Arts in 2004, she has performed with several artistic groups onstage and in street productions, as an actress, Flamenco dancer, puppeteer, and fire flow dancer. Vanessa has been actively engaged in the local arts scene since moving to NL in 2014. She likes to give her art back to the community doing volunteer performances for new Canadians/refugees and nonprofit organizations. Vanessa is pescatarian and loves the mountains on the West Coast of NL because it reminds her of home.

[Image Description: Vanessa, a brown woman with long brown hair in small braids and brown eyes is looking at the camera. She is wearing a plaid blazer, a black shirt, a silver necklace, and pendant, and a multi coloured feather earring. The background is grey.]





Amelia Manuel – Actor [Tracey]

Amelia Manuel is an actor/singer/writer from Clarenville, NL. Some of her past theatrical credits include Millie – Birthday Balloon (Rising Tide Theatre), Dorine-Tartuffe (National Arts Centre), Helena-A Midsummer Night's Dream and Velma Kelly – Chicago (Stephenville Theatre Festival) and Myra Bennett-Tempting Providence (TNL). Amelia has appeared in films Hunting Pignut, Black Conflux, Sweetland, and The King Tide, as well as the television shows Astrid and Lilly Save the World, SurrealEstate, and Hudson and Rex. Amelia is a co-creator and co-writer of Double Out, a television comedy based on NL women's darts which is currently in development.



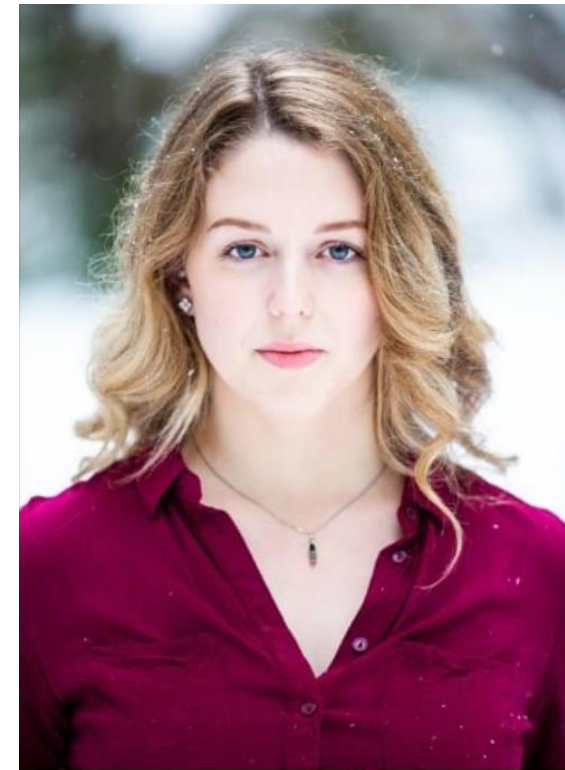
[Image Description: A headshot of Amelia, a white woman in her early 40s with long hair and blue eyes. She is wearing red lipstick and a black shirt against a light grey background.]



Una Hill-McMullin – Actor [Heather]

Una was born and raised in Wolfville, Nova Scotia, but now calls St John's home. She came to Newfoundland in 2012 to earn her BFA in Theatre from the Grenfell Campus of Memorial University and upon graduating in 2016, decided to make NL her permanent home. Her select credits include: Boeing Boeing and The 39 Steps (Beyond the Overpass), Fly Me To The Moon, Our Frances (UK Tour) and Tempting Providence (GMTF)" and Seal Slippers: A Christmas Panto (RCAT). Una is thrilled to be back working with RCA once again and delighted to be stepping into the role of Heather in Supper Club. It has truly been a pleasure to work with this group of artists and she hopes you enjoy the show.

[Image Description: A headshot of Una, a white person in her late 20's. She has shoulder length, curly blonde hair and blue eyes. She is wearing a maroon-coloured button up shirt and is standing outside in the snow.]





Alison Woolridge – Actor [Sheila]

For over forty years Alison has performed in theatres from Vancouver Island to her native Newfoundland and in the US and Ireland and was last seen in the 2023 Gander production of *Come From Away*. A Shaw Festival company member for six seasons, in the Toronto company of *Mamma Mia* for three years, Alison has also originated parts in several new Canadian musicals including *Tell Tale Harbour* with Alan Doyle. Selected stage credits include *Richard III*, *Henry V*, *Merry Wives*, *Educating Rita*, *Trafford Tanzi*, *The Winslow Boy*, *1949*, *Artistic Fraud's Oil and Water*, *The Colony of Unrequited Dreams* (national tours) and has directed *Girl Meets Tuba* and *Garden by Mattel*. Alison was a member of the National Arts Centre 2015/16 English Acting Ensemble, appearing in *Adventures of a Black Girl in Search of God* (Centaur), *Anne and Gilbert*, *Twelfth Night*. She was also in the NAC's 2017 provincial tour of *Tartuffe*. Film/TV credits: *Away From Everywhere*, *Sex in Cars*, *Audience of Chairs*, *Little Dog*, *Body and Bones*, *Hudson and Rex*.

[Image Description: Alison, a white woman with curly brown shoulder length hair is smiling at the camera. She is smiling and is wearing a grey tunic. The background is blurry.]





Sample of Props List Created by Kaitlyn Hickey

PROPS breakdown v1 | SUPPER CLUB
Oct 18, 2021

SCENE 3: VERONICA'S p. 24-36

| ITEM | NOTES | PHOTO |
|--|--|-------|
| Limes | <ul style="list-style-type: none"> running prop whole ones in the bowl, cut and squeezed ones strewn about the table | |
| Raw Sugar | <ul style="list-style-type: none"> in bag, open on table raw cane sugar | |
| Mint | <ul style="list-style-type: none"> running prop in glasses, & strewn about table | |
| Cutting Board | <ul style="list-style-type: none"> wooden | |
| Knife | <ul style="list-style-type: none"> Small for cutting limes colourful | |
| Drinking Straws | <ul style="list-style-type: none"> paper or glass | |
| Rum | <ul style="list-style-type: none"> white Haven Club | |
| Muddler & Citrus Reamer & Stirring Spoon | <ul style="list-style-type: none"> wooden long handled wooden spoon | |
| Mojito Glasses | <ul style="list-style-type: none"> x5 tumbler style casual, textured glass | |
| Cell Phone | <ul style="list-style-type: none"> functional - should light up Veronica's | |
| Joint | <ul style="list-style-type: none"> lit onstage smoked and passed around onstage | |
| Lighter | <ul style="list-style-type: none"> used to light joint | |
| Ashtray | <ul style="list-style-type: none"> stoneware, pottery could be a small dish used as an ashtray | |
| Jugs / Pitchers | <ul style="list-style-type: none"> earthenware, ceramics, pottery used for mojitos x2 | |

PROPS breakdown v1 | SUPPER CLUB
Oct 18, 2021

SCENE 3: VERONICA'S p. 24-36

POST MEAL: MOJITOS, JOINT SMOKED

| ITEM | NOTES | PHOTO |
|-------------------------|--|-------|
| Votive Candles | <ul style="list-style-type: none"> small candles in mixed coloured glass holders lit and blown out on stage | |
| Table Runner / Placemat | <ul style="list-style-type: none"> something smaller in the middle of the table rich textile vibrant | |
| Napkins | <ul style="list-style-type: none"> x5 do not have to match but should all look great together mix of solid colours, patterned | |
| Bowl of limes | <ul style="list-style-type: none"> pottery, clay, earthen ware low profile | |



The actors eat real food during the show provided by Stephanie O'Brien. In this production one of the actors plays a vegan in the show but is not in real life and another actor plays a meat eater but is a vegetarian so there have been a few tricks that Stephanie has had to whisk up to ensure everyone can eat the food on their plate.

Alcohol is also consumed throughout the show. This is made with water and food colouring and is not real alcohol.

A marijuana cigarette is smoked on stage by the actors a couple of times throughout the show. This is made using herbal cigarettes and is not marijuana.



Sample of Costume Design Collages by Alison Helmer

Tracy's house

Meadow's house

Veronica's house



Tracy's house

Meadow's house

Veronica's house



Sheila's house

Heather's house



Sheila's house

Heather's house

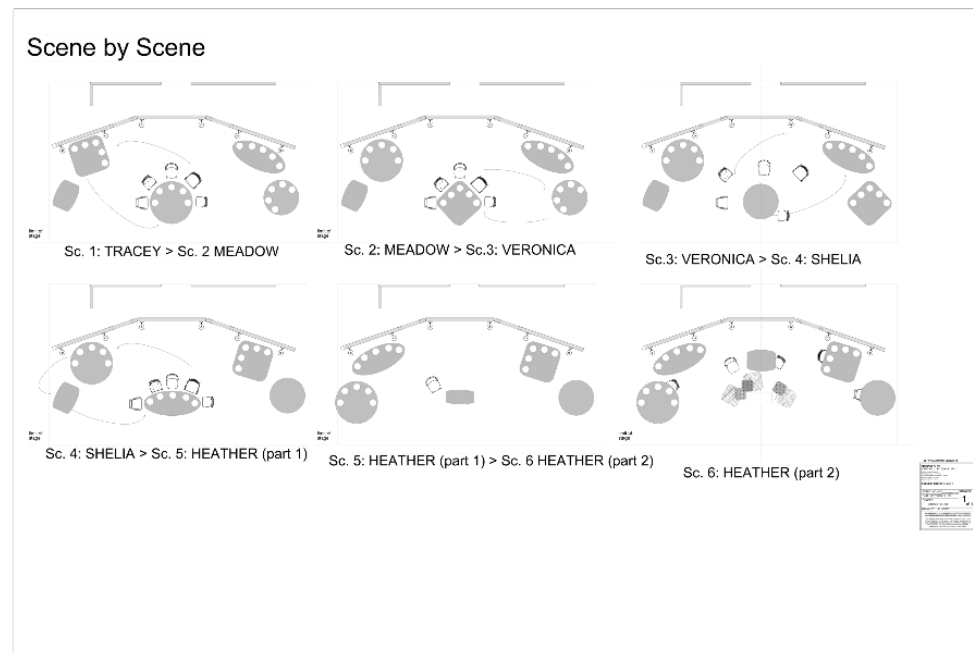


Veronica





A scene-by-scene furniture moving breakdown created by Kaitlin Hickey. The tables in the show are on wheeled casters and can move around the stage as needed. Each character has their own chair that they move with them throughout the performance.





Rehearsal Photo – Our Supper Club rehearsals took place at The Lantern.



[Image Description: A photograph of the Supper Club team in the rehearsal room. From left to right we have Allison Woolridge, Nicole Rousseau, Willow Kean, Vanessa Cardoso in the back, Una in the plaid shirt, Amelia, Sarah leaning forwards in the front and Crystal behind.]



Thank you for taking the time to read through our Visual Guide / Social Story for Supper Club.

We also have a Visual Guide for the LSPU Hall available on our website under the Accessibility Section. There you will find more pictures & information about the theatre space before you visit us.

<http://lspuhall.ca/accessibility/>

If you have any questions about anything you have seen in this guide, please contact our Communications Officer at communications@lspuhall.ca.

We hope you enjoy the show & thank you for choosing Resource Centre for the Arts for your night out!

[Image Description: The front of the LSPU Hall is shown, with spotlights shining over it. The building is green, with white and pink trim. It is nighttime and is dark outside.]

LSPU Hall Box Office

3 Victoria Street, St. John's, NL A1C 3V2 Phone: (709) 753-4531 ext 200

Resource Centre for the Arts Theatre Company (RCAT)

3 Victoria Street, St. John's, NL A1C 3V2 Phone: (709) 753-4537

